

Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.09	MERLENE OTTEY		LIEGE, BEL	2004/08/03
HONG KONG RECORD	11.62	LAM ON KI 林安琪	2019 Asian Athletics	Khalifa	2019/04/21
Masters ACR	13.95	Chung Man Yi Money 鐘敏儀	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	13.95	Chung Man Yi Money 鐘敏儀	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2023/10/29



Start: 13:25



27°C



62%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-8	TSE MANG CHI	謝孟芝	40691 WAC	14.38	+1.4	
2	1-6	BARHEY MANDEEP KAUR		40681 SCAA	14.69	+1.4	
3	1-7	LAW CHUI HA JOANNE	羅翠霞	40682 SCAA	15.06	+1.4	
4	1-5	HO CHUN MAN	何臻敏	40658 DBSAC	16.11	+1.4	
	1-2	REN TING TING	任婷婷	40670 JSA	DNS		
	1-4	WU YUK HUNG	吳育紅	40675 PKMSAA	DNS		
	1-3	YAU FUNG YING	丘鳳英	40671 JSA	DNS		

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 1500M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	3:59.78	YEKATERINA PODKOPAYEVA		NICE, FRA	1994/07/18
HONG KONG RECORD	4:21.60	CHAN MAN YEE MAGGIE 陳敏儀	1999 Summer Universiade	Son Moix	1999/07/08



2023/10/29



Start: 14:50



27°C



69%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	CHEUNG KA YEE	張嘉兒	40690 WAC	5:38.23	
2	1-4	MAN YU CHING	文宇晶	40679 PoliceAC	6:19.91	
	1-3	WU YUK HUNG	吳育紅	40675 PKMSAA	DNS	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	22.72	MERLENE OTTEY		ATHENS, GRE	2004/08/23
HONG KONG RECORD	23.79	WAN KIN YEE 溫健儀			1999/05/16
Masters ACR	30.76	HAJI KASSIM Juliana	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	30.78	Cheung Yuen Lam Euthy	Hong Kong Masters Athletics	TKO SG	2018/10/27



2023/10/28



Start: 10:50



28°C



70%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-8	BARHEY MANDEEP KAUR		40681 SCAA	30.34	+0.4	HKMACR, R
2	1-3	YEUNG PO HEI	楊寶喜	40680 PoliceAC	32.59	+0.4	
3	1-6	HO CHUN MAN	何臻敏	40658 DBSAC	33.69	+0.4	
4	1-2	YUEN YU CHU AMANDA	袁雨珠	40676 PKMSAA	39.18	+0.4	
5	1-4	REN TING TING	任婷婷	40670 JSA	40.77	+0.4	
	1-5	WU YUK HUNG	吳育紅	40675 PKMSAA	DNS		
	1-7	YAU FUNG YING	丘鳳英	40671 JSA	DNS		

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	53.68	SARA MONTECINOS		CALI, COL	1994/03/20
HONG KONG RECORD	55.03	WAN KIN YEE 溫健儀			1999/03/02
Masters ACR	1:07.20	Chung Man Yi Money 鐘敏儀	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	1:07.20	Chung Man Yi Money 鐘敏儀	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2023/10/29



Start: 11:10



27°C



62%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	LAW CHUI HA JOANNE	羅翠霞	40682 SCAA	1:16.26	
2	1-4	AU YING MEI	歐英美	40666 GHSAC	1:18.13	
	1-6	SUGANOB ARMI		40669 HKLRRRC	DNS	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 400MH

Record	Perf	Athlete	Event	Place	Date
	58.35	BARBARA GÄHLING		ERFURT, GER	2007/07/21
HONG KONG RECORD	1:01.04	WAN KIN YEE 溫健儀			1997/05/17



2023/10/28



Start: 13:50



27°C



74%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	LAW CHUI HA JOANNE	羅翠霞	40682 SCAA	1:29.26	

long jump shot put
javelin 5000m discus
400m 80m hurdles
100m 200m
110m hurdles 3000m walk
100m hurdles 3000m walk
high jump
4x100m 4x400m

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 4X100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	48.01	MOGENTALE, BRIMS, BEZUIDENHOU		LAHTI, FIN	2009/08/08
HONG KONG RECORD	45.17	HONG KONG TEAM			2023/06/27
Masters ACR	56.85	SCAA	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	56.85	SCAA	Hong Kong Masters Athletics	TKO SG	2018/10/27



2023/10/29



Start: 16:05



26°C



72%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	AVOHK W40 4X100米 范啟蓉, 伍惠恩, 黃念詩, 丘翠芬		AVOHK	1:00.81	
2	1-7	DBSAC W40 4X100米 陳皚嘉, 何臻敏, 袁嘉慧, 邱瑞雯		DBSAC	1:05.70	
3	1-4	南華 W40 4X100米 黃安琪, 羅翠霞, BARHEY MANDEEP KAUR, 張克服		SCAA	1:07.13	
4	1-6	培僑中學校友會 W40 4X100米 吳凱琪, 王碧惠, 范秀欣, 袁雨珠		PKMSAA	1:13.71	

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協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 4X400M

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	3:56.02	SEIDEL, GAZDA-		POTSDAM, GER	2002/08/25
HONG KONG RECORD	3:48.54	HONG KONG TEAM		Yecheon, KOR	2023/06/07
Masters ACR	5:06.03	SCAA	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	5:06.03	SCAA	Hong Kong Masters Athletics	TKO SG	2018/10/27

2023/10/28 Start: 15:50 26°C 84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-2	南華 W40 4X400米 湯靈心, 盧譜文, BARHEY MANDEEP KAUR, 羅翠霞		SCAA	5:13.43	
2	1-8	DBSAC W40 4X400米 陳皚嘉, 何臻敏, 黎瑞年, 袁嘉慧		DBSAC	5:18.69	
3	1-1	培僑中學校友會 W40 4X400米 吳凱琪, 袁雨珠, 馮健君, 王碧惠		PKMSAA	6:16.05	
	1-3	GHSAC W40 4X400米 黎淑雯, 黃秀清, 歐英美, 劉嘉琦		GHSAC	DQ	TR17.3.1 違反分道規則 Lane Infringement (run in lanes)

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主辦單位:



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合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 5000M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 15:04.87		JOANNE PAVEY		ROME, ITA	2014/06/05
HONG KONG RECORD 15:45.87		CHAN MAN YEE MAGGIE 陳敏儀			2002/05/03
Masters ACR 19:50.60		HERSHEY-BEATTY Juliet	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD 19:50.60		HERSHEY-BEATTY Juliet	Hong Kong Masters Athletics	TKO SG	2017/11/11

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	LAU KA KI	劉嘉琦	40668 GHSAC	23:36.80	
		<i>Split: 04:33.57 (4:33.57) 09:18.65 (4:45.08) 14:09.08 (4:50.43) 18:59.38 (4:50.31) 23'36.799 (4:36.61)</i>				
2	1-2	NG HOI KEI	吳凱琪	40674 PKMSAA	29:34.75	
		<i>Split: 05:19.98 (5:19.98) 10:56.93 (5:36.96) 17:01.97 (6:05.03) 23:19.51 (6:17.55) 29'34.750 (6:14.48)</i>				
3	1-4	IP PUI KI	葉珮琪	40660 DBSAC	31:12.60	
		<i>Split: 05:03.87 (5:03.87) 11:16.39 (6:12.52) 17:46.09 (6:29.70) 24:34.46 (6:48.38) 31'12.599 (6:37.53)</i>				
4	1-6	TO PUI YIN	杜佩賢	40662 DBSAC	32:27.53	
		<i>Split: 05:54.12 (5:54.12) 12:39.15 (6:45.04) 19:07.91 (6:28.75) 25:54.57 (6:46.67) 32'27.529 (6:32.42)</i>				
	1-3	CHEUNG KA YEE	張嘉兒	40690 WAC	DNS	
		<i>Split:</i>				

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 5000mW

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	LO PO MAN	盧譜文	40683 SCAA	29:31.75	
						<i>Split: 05:36.65 (5:36.65) 11:34.88 (5:58.24) 17:33.84 (5:58.95) 23:38.50 (6:04.67) 29'31.750 (5:52.49)</i>
2	1-8	MAK WING YIN	麥穎妍	40688 SHTB	32:05.14	
						<i>Split: 05:57.20 (5:57.20) 12:28.78 (6:31.59) 19:00.87 (6:32.08) 25:33.43 (6:32.56) 32'5.140 (6:31.57)</i>
3	1-6	YU HIU MAN	余曉敏	40665 DBSAC	39:41.32	
						<i>Split: 07:11.67 (7:11.67) 15:20.07 (8:08.40) 23:32.52 (8:12.45) 31:38.33 (8:05.81) 39'41.319 (8:02.67)</i>
4	1-7	NG HOI KEI	吳凱琪	40674 PKMSAA	52:34.23	
						<i>Split: 09:16.62 (9:16.62) 20:20.69 (11:04.07) 31:31.32 (11:10.63) 42:12.73 (10:41.42) 52'34.229 (10:21.26)</i>
	1-3	FAN SAU YAN CECILLIA	范秀欣	40672 PKMSAA	DNS	
						<i>Split:</i>
	1-5	NG SAU MAN	吳秀雯	40689 SHTB	DNS	
						<i>Split:</i>

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - 800M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	1:59.25	YEKATERINA PODKOPAYEVA		LUXEMBOURG, LUX	1994/06/30
HONG KONG RECORD	2:11.92	LI YIN YEE 李燕儀			1996/11/03
Masters ACR	2:47.22	CHAN Kit Yee	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	2:47.22	CHAN Kit Yee	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2023/10/28



Start: 14:50



26°C



84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-2	AU YING MEI	歐英美	40666 GHSAC	2:58.33	
2	1-5	MAN YU CHING	文宇晶	40679 PoliceAC	3:00.59	
3	1-2	LAU KA KI	劉嘉琦	40668 GHSAC	3:02.86	
4	1-6	LAW CHUI HA JOANNE	羅翠霞	40682 SCAA	3:08.92	
5	1-7	HUNG CHER	熊書頤	40659 DBSAC	3:14.90	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	19.05	ANTONINA IVANOVA		OREL, RUS	1973/08/28
HONG KONG RECORD	13.59	TO YUEN KWAN 杜婉筠	ASICS Hong Kong Athletics Series	TKO SG	2021/05/23
Masters ACR	7.99	HO CHUN MAN 何臻敏	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	7.99	HO CHUN MAN 何臻敏	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/29



Start: 10:25



27°C



66%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-6	HO CHUN MAN 何臻敏	40658 DBSAC	7.96m.		7.16	7.33	6.92	7.96
2	1-5	KWAN SZE PUI BETTY 關詩蓓	40661 DBSAC	6.96m.		6.73	6.37	6.79	6.96
3	1-2	FUNG KIN KWAN 馮健君	40673 PKMSAA	6.56m.		5.95	x	6.00	6.56
4	1-1	YEH TSUEN TSUEN RITA 葉蓁蓁	40664 DBSAC	6.18m.		5.75	5.91	5.18	6.18
5	1-4	LAW CHUI HA JOANNE 羅翠霞	40682 SCAA	5.01m.		1.63	5.01	4.74	3.79
6	1-3	YU HIU MAN 余曉敏	40665 DBSAC	4.29m.		4.08	3.91	4.29	3.87

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主辦單位:



協辦機構:



合作伙伴:



DESIGN CONSULTANTS
意樂設計顧問



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - Long Jump

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	6.55	TATYANA TER-MESROBIAN		KAZAN, RUS	2008/07/18
HONG KONG RECORD	6.50	YUE YA XIN 俞雅欣	The 19th Asia Games	Hangzhou	2023/10/02
Masters ACR	4.48	HAJI ALIAKB Alinawati	Hong Kong Masters Athletics	Sports Centre	2017/11/11
HKMAC RECORD	4.08	Chung Man Yi Money 鐘敏儀	Hong Kong Masters Athletics	TKO SG	2016/10/29
				Wanchai SG	

2023/10/29 Start: 11:40 27°C 62%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-1	TSE MANG CHI 謝孟芝	40691 WAC	4.78m.	HKMACR, R	4.78 +0.6	4.50 -0.7	4.59 0.0	x
2	1-2	YAU SHUI MAN SHARON 邱瑞雯	40663 DBSAC	3.95m.		3.95 -1.1	3.81 -0.3	3.54 -0.2	3.60 +0.3
3	1-3	LAW CHUI HA JOANNE 羅翠霞	40682 SCAA	3.44m.		3.44 -2.1	x	3.36 -1.7	x
4	1-5	HO CHUN MAN 何臻敏	40658 DBSAC	3.42m.		x	3.08 -1.6	2.93 -2.1	3.42 -1.6
	1-6	WONG ON KI 黃安琪	40684 SCAA	DNS					
	1-4	YAU FUNG YING 丘鳳英	40671 JSA	DNS					

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主辦單位:



協辦機構:



合作夥伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	61.23	FELICEA MOLDOVAN-TILEA		BUCHAREST, ROU	2008/06/06
HONG KONG RECORD	49.37	NG KI SUM 吳其芯			2016/06/26
Masters ACR	27.58	Hui Wing Kei Vicky 許穎琪	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	27.58	Hui Wing Kei Vicky 許穎琪	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



28 2023/10/28



Start: 11:30



28°C



70%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-2	LAU KA KI 劉嘉琦	40668 GHSAC	20.52m.		19.46	18.50	20.52	19.54
2	1-1	YEH TSUEN TSUEN RITA 葉蓁蓁	40664 DBSAC	18.10m.		16.97	16.07	18.10	17.60
3	1-3	FUNG KIN KWAN 馮健君	40673 PKMSAA	17.29m.		16.05	15.50	14.84	17.29
4	1-5	HO CHUN MAN 何臻敏	40658 DBSAC	16.74m.		14.83	16.74	15.02	15.77
5	1-4	KWAN SZE PUI BETTY 關詩蓓	40661 DBSAC	14.98m.		14.48	x	14.98	11.88

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W40 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	67.89	IRYNa YATCHENKO		STAIKI, BLR	2008/06/29
HONG KONG RECORD	44.20	TO YUEN KWAN 杜婉筠			2022/05/28
Masters ACR	24.74	HO CHUN MAN 何臻敏	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	24.74	HO CHUN MAN 何臻敏	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 08:40



26°C



74%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-4	HO CHUN MAN 何臻敏	40658 DBSAC	22.69m.		22.69	x	x	x
2	1-3	KWAN SZE PUI BETTY 關詩蓓	40661 DBSAC	21.23m.		18.19	19.91	21.23	20.69
3	1-2	YEH TSUEN TSUEN RITA 葉蓁蓁	40664 DBSAC	17.19m.		17.19	15.17	x	x
4	1-1	YU HIU MAN 余曉敏	40665 DBSAC	11.20m.		10.82	11.20	10.53	10.69

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:

